

March 10th Give a hug to a special person
March 11th Call a Relative on the phone
March 12th Smile and say hello to someone
March 13th Spend time (play) with someone who is alone
March 14th Pick up some litter
March 15th Buy One Give One Free (BOGOF) some jelly beans
March 16th Share your toys or something special

March 17th Bake something to give away
March 18th Make/Send a card for a neighbour
March 19th Smile and say hello to 2 people
March 20th Thank your Teacher or your Store Cashier
March 21st Be a friend to someone new
March 22nd Buy One Give One Free (BOGOF) a fruit bar
March 23rd Hold the Door open for someone and smile

March 24th Give someone a flower
March 25th Help with the chores
March 26th Smile and say hello to 3 people
March 27th Help with breakfast
March 28th Write a thank you note and deliver it
March 29th Buy One Give One Free (BOGOF) a piece of fruit
March 30th Hug someone you love extra long today

March 31st Make a Thinking of You card and deliver it
April 1st Pick up Litter
April 2nd Smile and say Hello to 4 people
April 3rd Help someone on the school bus (or bus)
April 4th Have a coffee or Recess with someone new
April 5th Buy One Give One Free (BOGOF) any snack
April 6th Help your little sister or brother get dressed or anyone with their coat

April 7th Give someone a compliment
April 8th Help someone with their homework or the laundry
April 9th Smile and say hello to 5 people
April 10th Open the door for someone and smile
April 11th Send an I Love You card to someone
April 12th Buy One Give One Free (BOGOF) a cookie
April 13th Let someone go ahead of you in line

April 14th Say hello to a new face / someone new
April 15th Hug someone you love extra long
April 16th Smile and say hello to 6 people
April 17th Pick up Litter
April 18th Donate a toy or one piece of clothing
April 19th Buy One Give One Free (BOGOF) an Easter Egg
April 20th Call someone special on the phone